We are pleased to welcome you as a new member of the Hawkeye family. The transition to college can be a time of both excitement and anxiety for you and your student. Accordingly, we have developed this calendar to bring you up to speed with important dates and deadlines at Iowa, as well as helpful tips and information that will assist you in making your student’s first year at Iowa as successful and fulfilling as possible.

IOWA LINGO

Here are some terms for you to become familiar with in order to better communicate with your student about college:

- **RA** Resident Assistant; each residence hall floor has an RA who assists students and helps run the floor
- **TA** Teaching Assistant; TAs are graduate students who assist professors in teaching courses
- **ICON** Iowa Courses Online; your student’s online source for information and content for their courses

**MyUI** The online portal for University information and student records

**LLC** Living-Learning Communities; small groups of students who live together in residence halls and share common interests and goals

**Iowa One Card** Your student’s official University ID card

**Hawk ID** A combination of letters (typically your student’s first initial and last name) that is unique to each student, used for identification and access to online University systems

**University ID #** The multiple digit identification number listed on your student’s Iowa One Card

**IMU** Iowa Memorial Union; the hub of student life and events, places to eat, Nurse Care, the Iowa Hawk Shop Bookstore, and many study spaces

**Pentacrest** The center of campus featuring the Old Capitol building at its center

**Ped Mall** Pedestrian Mall; the hub of downtown Iowa City featuring specialty stores, dining, and entertainment options

ABOUT IOWA

The University of Iowa is a major national research university located on a 1,700-acre campus in Iowa City, Iowa. More than 33,000 students enroll at Iowa each year with 55 percent coming from the state of Iowa, and 45 percent coming from other states or countries. International students from 113 countries make up 10 percent of the University’s enrollment.

Established in 1847, Iowa has earned international recognition for its wealth of achievements in the arts, sciences, and humanities. Iowa was the first U.S. public university to admit men and women on an equal basis and the first institution of higher education in the nation to accept creative work in theater, writing, music, and art as theses for advanced degrees. It established the first law school and the first educational radio station west of the Mississippi, broadcasted the world’s first educational television programs, and has developed prominent educational testing.

ONLINE RESOURCES

- **University Homepage**
  uiowa.edu

- **A-Z Search**
  uiowa.edu/homepage/search

- **Division of Student Life**
  studentlife.uiowa.edu

- **UI Department of Public Safety**
  police.uiowa.edu

For further phone and web contact information, see pages 24-27 located at the back of the calendar.
THE IOWA CHALLENGE

University of Iowa students are part of the Hawkeye family, which includes students and alumni transformed by their experiences at Iowa. We ask our students to follow the example of those who have come before them, and rise to the challenge of these five expectations:

EXCEL Academic excellence means setting and meeting high standards for yourself as a student. Faculty, staff, and peers at Iowa ask students to work hard and push themselves intellectually. Students should expect only the best from themselves and the University.

STRETCH At Iowa, students will find a diverse selection of people, ideas, opportunities, and experiences that make Iowa the unique institution that it is. We challenge our students to step away from the familiar, try new ideas, experience new cultures, and learn from people different than themselves.

ENGAGE Students will become more successful and enjoy their experience if they are spending their time and energy on activities that truly matter. The University of Iowa offers almost limitless opportunities and resources to become a leader in and out of the classroom. We challenge our students to take advantage of them.

CHOOSE Students make decisions every day that affect their education and future, and it is important for them to take their choices seriously and use their freedom wisely. An Iowa education will be what the student makes it, and we challenge our students to make it something they will be proud of.

SERVE As members of the University of Iowa, students are a constituent of many communities both on and off campus. They have the opportunity and responsibility to be a good neighbor and citizen, and to serve the community. We challenge them to make the community a great place to live.

WELCOME TO THE UNIVERSITY OF IOWA!

We are honored to have you as members of the Hawkeye family. Whether you are sending your first, middle, last, or only child to Iowa, you and your student are embarking on a journey that is sure to bring you discovery, as well as joy, and maybe a little stress. I’ll be joining you in sending my youngest off to college this fall, so I truly know what you’re experiencing. It’s natural to have questions or concerns as your student comes to campus. Please reach out and encourage your student to reach out to all the support services that are here to help. I truly believe that Iowa is a special place – big enough for endless opportunities, but small enough that every student will have multiple caring faculty and staff members who know them.

The Division of Student Life will be one of your partners during your student’s time at Iowa. We provide most everything outside the classroom that supports your student in succeeding in their academics. We are here to support the student experience holistically, and you can learn more about what we offer in the following pages.

We help students find places they belong, people who will be on their team, passions to explore within and beyond their major, and paths to success as a Hawkeye. Most importantly, our job is to believe in your student: in their talents, their contributions, their well-being, and their success.

The family calendar is designed specifically for you. It includes dates, deadlines, contact information, and tips that will help make your student’s first year at Iowa as successful and fulfilling as possible. When my oldest, Evan, started in 2019, I found the calendar helpful, cueing me to check in with him on key dates, such as getting ready for registration, or supporting him as he made his way in his residence hall community.

My staff and I are here to serve all Hawkeye students and families, and we are thrilled you chose the University of Iowa. You made a great decision!

On Iowa!

Sarah Hansen
Vice President for Student Life
On Iowa! is a program for first-year and transfer students enrolling for the fall semester. The core events will be Monday - Sunday, August 15–21, 2022. Students will attend an in-person Hawkeye Welcome session where they will meet other incoming students, learn more about what it means to be a Hawkeye, and explore the Iowa Challenge. New Hawkeyes will sample a University class, consider goals for the semester, and talk about what it means to engage in a campus community. Throughout the week, students will have access to a wide variety of programming to learn more about campus and have some fun! On Friday evening, students will be invited to historic Kinnick Stadium to participate in University of Iowa traditions including forming the annual block “I” photo and learning the Iowa Fight Song with their classmates. On Iowa! closes on Sunday with Convocation and the President’s Block Party.

**ON IOWA! GO HAWKS!**

[ONIOWA.UIOWA.EDU](http://ONIOWA.UIOWA.EDU)
## AUGUST

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### Questions to ask your student:
- Which class are you most excited about taking this semester?
- Have you met any of your professors yet?

### Did You Know?
Extra-long twin sheets are needed for residence hall room beds.

For more helpful moving-in tips, visit: [housing.uiowa.edu/what-to-bring](http://housing.uiowa.edu/what-to-bring)

### Managing Expectations and Transitions

**Transition Tips for Parents**

- Be willing to listen to your student
- Help your student by empowering them to take the initiative to solve their own problems
- Familiarize yourself with the campus resources that may be helpful for your student
- Send care packages or letters and keep in touch
- Remember that your student is experiencing a lot in their college transition
- Avoid second-guessing your student or providing too much supervision

### UI Parent and Family Network Council
The Parent and Family Network Council provides opportunities for involvement for parents/guardians who want to make a positive impact on undergraduate student life at Iowa through advocacy and philanthropy. Applications will be accepted from mid-July to mid-August. The two new families (of first year students) will be notified of their appointment to the Council no later than August 31.

For more information visit: [parents.uiowa.edu/get-involved/parent-and-family-council](http://parents.uiowa.edu/get-involved/parent-and-family-council)
HEALTH SERVICES

Student Health provides primary medical care for registered University of Iowa students—the same care you would receive from a healthcare provider in your hometown. We are staffed by board certified physicians and nationally certified physician assistants who are dedicated to the field of college health care. We pride ourselves with offering specialty care in the areas of psychiatry as well as gynecology within Student Health. If needed, referrals to specialists at University of Iowa Hospitals and Clinics are easily facilitated. A registered nurse can be reached by phone 24 hours per day for any questions or concerns.

Student Health is located in the Westlawn building on the west campus; easily reached on foot, bus, or car. Our clinic is appointment based so that we may provide students with the appropriate time needed to address their concerns. Additionally, we offer numerous same-day appointments for more urgent needs. A satellite office in the lower level of the IMU, staffed by registered nurses, is convenient for advice, questions, or vaccination needs. Office visits to Student Health are covered by a student’s health fee. Additional services, such as labs, vaccinations, and certain types of procedures and examinations are billed to the student’s insurance.

For more information on what Student Health has to offer, please visit:

> STUDENTHEALTH.UIOWA.EDU

WELLNESS SERVICES

Student Wellness supports student learning through health promotion services aimed at helping students develop healthy lifestyles now and for their futures. Staff include certified health educators, a dietitian, a fitness specialist, and substance abuse counselors. Students can take advantage of free one-on-one consultations for nutrition, fitness, stress management, sleep, and use of alcohol, tobacco and other drugs. Student Wellness also offers educational workshops to groups, online screenings and incentive programs, and health events across campus. Student Wellness has two locations – in Westlawn and the Campus Recreation and Wellness Center.

Find out more information at:

> STUDENTWELLNESS.UIOWA.EDU

COUNSELING SERVICES: WE’RE HERE FOR YOU!

The University of Iowa’s University Counseling Service (UCS) offers students a full range of culturally informed counseling and mental health services including group, individual, and couples counseling. It is the goal of the UCS to assist students in maintaining a mentally healthy life and to assist students with mental health concerns when they negatively impact their overall sense of wellness and their academic and personal lives. All UCS counseling services are offered without additional charge and are strictly confidential. The UCS also provides prevention services through psycho-educational programming and training to students, staff, faculty, parents, and families. There are UCS locations at Catlett Residence Hall, the College of Dentistry, Jacobson Athletic Building, College of Law, Westlawn, the University Capitol Centre, and Tippie College of Business.

Find out more about the UCS at:

> COUNSELING.UIOWA.EDU
> MENTALHEALTH.UIOWA.EDU
**SEPTEMBER**

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**Did You Know?**
Tutor Iowa is a virtual centralized location for academic resources offered to undergraduate students. Support options include help centers, Supplemental Instruction (SI) offerings, private tutors for hire, and academic success worksheets and videos!
To learn more about academic support options, visit: [tutor.uiowa.edu](http://tutor.uiowa.edu)

**ROOMMATE CONFLICTS AND RESOURCES FROM THE OFFICE OF RESIDENCE EDUCATION**

The Residence Education Staff assists students with their transition to college and makes every effort to enhance their residence hall living experience. Through the Residence Education Model, your student will be introduced to a variety of campus and community resources, and participate in many learning experiences tailored to what community your student chose to live in, such as New Student Experience, a Living Learning Community, or Honors.

A common concern of students living in the residence halls is: "Will I get along with my roommate?" While the process of living with someone can be stressful for even the most easygoing student, the overwhelming majority of roommates live together well and form positive relationships. Here are some tips for you to share with your student in order to make their roommate experience a positive one:

- Communication is key!
- Be open to new perspectives and ideas.
- You have a Resident Assistant for a reason; talk to them!
- Consider what you need for the room to be cohesive and then advocate for yourself when talking with your roommate, however, also consider compromising to allow both you and your roommate(s) to have a great experience.

All students are required to complete a roommate agreement with their RA during the first few weeks of the semester. For more information, go to [housing.uiowa.edu/roommates](http://housing.uiowa.edu/roommates)
HAWKEYE ATHLETICS AND STUDENT RECREATION

A member of the Big Ten Athletic Conference, Iowa is home to 22 intercollegiate varsity teams. Hawkeye spirit is contagious when you join more than 70,000 screaming fans at Kinnick Stadium on a football Saturday or sit in the 15,500-seat Carver-Hawkeye Arena to cheer on the Hawkeye men’s and women’s basketball, gymnastics, wrestling, or volleyball teams.

For information on purchasing student and parent tickets for athletic events, visit: HAWKEYESPORTS.COM

Recreational Services is your destination for recreation — with a mission to provide diverse recreational experiences that encourage active lifestyles. Recreational Services strives to accomplish this mission every single day at four facilities on campus, including the award-winning Campus Recreation and Wellness Center. Quality recreational opportunities and experiences are offered to the University of Iowa community, and the facilities provide healthy, respectful, and safe environments to ensure a positive atmosphere for all. Whether your student is interested in fitness, intramural sports, sport clubs, or the outdoors, Recreational Services is guaranteed to be an important and fun part of their adventure at the University of Iowa.

For more information, visit: RECSERV.UIOWA.EDU

Students playing Intramural Sand Volleyball
Did You Know?
Your student can apply for financial aid using the FAFSA beginning October 1, 2022. Find out more at: studentaid.gov

Questions to ask your student:
- How are your classes going?
- Any difficult midterms coming up?
- What’s your favorite part of being in college so far?
- Do you need my help with completing the FAFSA?

FINANCIAL MATTERS
Students can apply for financial aid by using the Free Application for Federal Student Aid (FAFSA) on the web at studentaid.gov

To apply for need-based aid programs for the 2023-2024 school year, make sure your student submits the FAFSA as soon as possible after October 1, 2022. For consideration for priority financial aid, the FAFSA must be submitted before December 1, 2022.

The Office of Student Financial Aid staff works to promote financial literacy through education and resources so that students have the information necessary to make informed borrowing and financial decisions. Staff are accessible by phone, email, drop-in, and scheduled one-on-one appointments.

CINDY SEYFER
Assistant Provost and Director of Student Financial Aid

Homecoming Week
Oct. 24-30

Virtual Career Fair

PHC Primary Recruitment
Sept. 29-Oct. 2 and Oct. 7-9

Homecoming Week
Oct. 24-30
REGISTRATION FOR SPRING CLASSES

Registration for the spring semester occurs toward the end of your student’s first semester. Through MyUI, students can check course availability and register for classes on any computer with internet access. Students are also required to meet with their academic advisor prior to their registration date. Registration may be impeded if students have:

- Failed to pay their U-Bill
- Not submitted proof of their measles, mumps, and rubella immunization to Student Health
- Not submitted their final academic transcripts to the Office of Admissions
### NOVEMBER

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**Fall Break**

Nov. 19-27

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### Did You Know?

Your student is required to meet with an academic advisor before registering for classes. Each student has an assigned advisor who is there to help them select appropriate courses and make an academic plan of study.

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### ACADEMIC SUCCESS

By November, students will have settled into their academic routine, taken midterm exams, and completed challenging academic work. If they aren’t happy with their progress, it’s not too late to try new academic strategies and resources. University instructors hold office hours as an opportunity for students to ask questions about course material and assignments. The University also offers a variety of academic assistance, including tutoring, supplemental instruction, help labs, and many library services. Details are at [tutor.uiowa.edu](http://tutor.uiowa.edu).

During November, students will also continue their conversation with their academic advisor about their plan of study and the resources available to help them succeed. They should expect to discuss their final course choices for spring at their registration appointment in early November. Most first year students are advised in the Academic Advising Center (AAC); students who were admitted directly to the College of Business, Engineering, Public Health, Nursing, or Pharmacy have an advisor within their college. Academic Advising Center information can be found at [advisingcenter.uiowa.edu](http://advisingcenter.uiowa.edu).

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### Questions to ask your student:

- Have you talked with your instructors during office hours?
- In what ways have your interests changed this semester? What kinds of classes might you be taking in the spring?
- Have you connected with your academic advisor this semester?

Many students are able to help finance their education through income earned from a part-time job. The University of Iowa offers a variety of part-time jobs on campus. In addition, jobs are available off-campus in the Iowa City/Coralville community. Here is information to aid your student in finding a part-time job:

[careers.uiowa.edu/jobs/student-employment](http://careers.uiowa.edu/jobs/student-employment)
HOW TO HAVE A GOOD BREAK

Winter break is an important time in the evolving relationship between you and your student. This is likely the first time that they will be home with you for an extended period of time since starting at Iowa. Remember that it is important for them to have their independence, but they may still need you for many things.

**Communication is key!** Discuss rules for their stay at home. While it is important for you to respect their individuality, your student still needs to know that there are rules and courtesies to be observed. Also, ask questions! Honest inquiries and open conversations about your student’s experiences form the basis of a positive relationship between you and your student.
The mission of the Center for Inclusive Academic Excellence (CIAE) is to help recruit and retain a critical mass of students from communities underrepresented in higher education and build an environment where they can thrive. CIAE leads and coordinates outreach and services to students who identify as racial/ethnic minorities, first generation students, members of the LGBTQ+ community, low-income students, and students with seen or unseen disabilities. Services include academic coaching, holistic student support, and academic and identity-based programming that promote student success and student enrichment, foster community building and inclusion, establish pre-college pipelines and college access, and provide diversity training. CIAE services are designed to increase retention and graduation rates of underrepresented students at the University of Iowa.

The Center for Inclusive Academic Excellence is a place where students can find community, academic support services and helpful staff that are committed to their growth and development as whole human beings.

**Tabitha Wiggins**
Director, Center for Inclusive Academic Excellence
If your student is considering living off-campus, the Off-Campus Housing Service may be a helpful resource. This online service lists apartments, houses, condos, and rooms for rent in Iowa City and the surrounding areas. Monthly rental rates vary depending on the distance from campus, age of the building, and services and utilities included in the rent.

For more information, visit:  
OFFCAMPUSHOUSING.UIOWA.EDU
One of the most important facets of your student’s journey is the need to start preparing for their future career. The Pomerantz Career Center assists students with career exploration and professional development. How can you help your student meet their career goals?

- Encourage an appointment with a Career Coach who will be knowledgeable about various career fields, industries, companies, and occupations.
- If your student is an open major, recommend taking a career assessment.
- Suggest joining a student organization or volunteering in the community so your student can gain new skills and build their résumé. Plus, employers like to see campus and community involvement!

For more information, visit: careers.uiowa.edu

**Questions to ask your student:**

- Are you excited to get back into the swing of things after break?
- What are your housing plans for next year? Do you plan to live off-campus or in the residence halls?

**Did You Know?**

Most students are in the process of signing a housing lease for fall 2023 before or by February. For more info, visit: offcampushousing.uiowa.edu

We are eager to assist students as they begin contemplating, “What work environments and job duties interest me?” and “What experiences do I need to develop my skill set?” Our career communities allow for a tailored approach for advising students based on their career interests. We encourage students to visit us early and often to discuss plans and next steps!

ALICIA JOENS
Career Coach,
Pomerantz Career Center

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**MLK Jr. Human Rights Week**

Jan. 16-30

**January U-Bill Due**

**Questions to ask your student:**

- Are you excited to get back into the swing of things after break?
- What are your housing plans for next year? Do you plan to live off-campus or in the residence halls?

**Did You Know?**

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ALICIA JOENS
Career Coach,
Pomerantz Career Center

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**University Holiday, Offices Closed**

University Holiday, Offices Closed

Classes begin
STUDY ABROAD

The opportunity to study abroad and encounter another culture directly is one of the richest educational experiences available. The university encourages your student to study or intern abroad and sponsors more than 150 programs in the Americas, Europe, Asia, Africa, and Oceania.

Whether studying or interning abroad, students develop decision-making, problem-solving, intercultural communication, and other marketable skills which give them an advantage in the global economy after graduation.

While abroad your student can study and stay on track for graduation by satisfying requirements for a major, minor, certificate, and/or the General Education: CLAS Core. Our records show that students have a higher probability of graduating in four years if they participate in an international experience during their time at UI.

The cost of study abroad programs is dependent on several factors, including the program structure, program length, and local cost of living, as well as whether a student pays in-state or out-of-state tuition. In most cases, institutional aid and federal financial aid can be used toward study abroad, making study abroad affordable for all students. In addition, the UI Study Abroad office awards approximately $600,000 a year in scholarships and grants.

International opportunities are available throughout the year via summer, winter, semester, and academic year programs. Where, when, and how long your student studies abroad depends on their academic, professional, and personal goals.

Encourage your student to attend a Discover Study Abroad information session to learn how study abroad works and to find the right international opportunity for them. It is never too early to start planning.

Study Abroad
International Programs
1111 University Capitol Centre
319-335-0353

INTERNATIONAL.UIOWA.EDU/STUDY-ABROAD

Bridging Our World flag display on the IMU Pedestrian bridge
The University of Iowa has multiple resources to help your student get around campus – including public transit, bicycling, and parking. The most notable of these is the UI CAMBUS system. CAMBUS is a fixed-route bus system providing service to the entire campus. Bus stops are located conveniently and provide frequent service to the residence halls. CAMBUS rides are free and available to everyone. The Bionic Bus, operated by CAMBUS, is a specialized service for persons with disabilities. Riders can download the mobile app Transit to track bus locations in real-time, see departure predictions, and receive guided navigation. Riders should favorite the routes they ride to receive service alerts for detours or weather.

Miles of sidewalks and pedestrian paths and bridges provide scenic routes to travel around campus. The university and the surrounding communities also offer many bicycle amenities including repair stations, dedicated bike lanes, and trail systems. It is recommended that students do not bring a motor vehicle to campus due to limited parking, but there are parking options – both permit and hourly – available to students. Storage parking lot permits are available as space allows for students living in residence halls. These parking lots are intended for long-term storage, such as between trips home. Students who bring motorcycles or mopeds to campus must obtain a permit to park in motorcycle parking lots throughout campus.

The university uses license plate recognition for enforcement management and issues virtual permits where your vehicle license plate is also your permit. Motorcycle permits are issued as a physical permit and must be displayed when parked on campus.

Students are required by the Board of Regents to register any motor vehicle they bring to campus. Registering a vehicle is completed easily online through the Parking Portal at parking.uiowa.edu.

More information about all Parking and Transportation services can be found online at transportation.uiowa.edu.
ALCOHOL HARM REDUCTION AT IOWA

High-risk alcohol use is a concern on campuses across the country. At Iowa, this issue is addressed through a variety of harm reduction strategies. Through these efforts, Iowa students are drinking less and experiencing fewer harms than ever before, but we still have work to do. Families play a vital role—our online parent handbook shared at orientation gives research-proven guidelines for conversations to help keep your student safe and healthy at college.

STUDENTLIFE.UIOWA.EDU/INITIATIVES/ALCOHOL-HARM-REDUCTION
**March**

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**Questions to ask your student:**

- How have you been able to get involved on campus?
- How are midterms going?

**We know students may experience challenges during their college career that impact their ability to fully participate academically and socially on campus. The Dean of Students teams coordinates efforts with our campus partners to assist students in overcoming these challenges to get back on track to achieve success at Iowa.**

**DR. ANGIE REAMS**

Associate Vice President and Dean of Students

**TALK TO YOUR STUDENT BEFORE SPRING BREAK**

While your student navigates their journey at the University of Iowa, it is vital that you talk with them about their academics and co-curricular activities so that they may make the most of their educational experiences. It is important that your student is given the knowledge and tools necessary to make informed decisions. For example, the week prior to spring break is the perfect time to speak with your students about alcohol and drugs.
SAFETY ON CAMPUS

The University of Iowa Department of Public Safety (DPS) is a 24-hour operation dedicated to providing a safe environment that supports the university’s mission of teaching, learning, and research. The department includes six divisions: security, law enforcement, key and access services, records, fire safety/emergency management, and communications. Services are provided by trained and experienced professionals whose goal is to educate the university community on matters of protection and personal safety, which they achieve through training programs, community outreach, and communication efforts. Services are provided by trained and experienced professionals who at all times are expected to respect and safeguard the dignity and rights of the entire university community.

Additional information can be found at:

→ POLICE.UIOWA.EDU

Student safety resources include:

- **Rave Guardian** is a free mobile app that allows users to schedule a GPS-monitored walk home, call UIPD with the touch of a button, and text anonymous tips to police. For access to the campus network, students should sign up using their UI email address.

- **NITE RIDE** is a free late-night transportation service available to UI students, faculty, and staff. Request a ride between 10 p.m. and 5 a.m. 7 days a week, or an express ride directly to your final destination for $1.

- **HAWK ALERT** system is used to notify campus of an event that is currently occurring on, or imminently threatening the safety of campus. Text message is the fastest way to receive an alert, and settings can be updated on MyUI.

- **Personal Safety Training:** DPS offers a variety of free and low-cost personal safety training courses, including but not limited to CPR, personal safety and self-protection, Rape Aggression Defense (R.A.D.), and Violent Incident Survival Training (V.I.S.T).

- **Student Care Coordinators:** DPS has partnered with the Division of Student Life to support two care coordinators that provide follow-up services for students who have had law enforcement contact, crisis intervention, or hospitalization.
At the University of Iowa, we treat issues concerning your student’s safety with the utmost importance. There are several resources, workshops, and ways to get help at endingviolence.uiowa.edu. The Rape Victim Advocacy Program (RVAP) also provides students with support, advocacy, and information regarding sexual abuse, as well as support and information for victims and their friends and family. RVAP provides counseling for current or past victims of sexual assault, sexual abuse, stalking, and sexual harassment. All services are free of charge, confidential, and available to everyone 24-hours a day by calling the crisis line (319-335-6000 or 800-228-1625). For additional resources, see Student Safety on page 27 at the back of the calendar. RVAP is online at: rvap.uiowa.edu

SAFETY AND SEXUAL MISCONDUCT

My colleagues and I are inspired to continue the significant history of advocacy and activism at the university. RVAP’s compassionate staff and volunteers are available 24/7 to confidentially support anyone impacted by sexual violence.

ADAM ROBINSON  
Executive Director  
Rape Victim Advocacy Program
MOVING OUT

Time flies when you’re having fun—your student has completed their first academic year at the University of Iowa. If your student is living in the residence halls, University Housing and Dining requires them to officially check-out of the residence halls within 24 hours after their last final. The room check-out process includes turning in all keys that have been checked out to the student and providing a summer address for mail forwarding. Each RA will have a final floor meeting to discuss exactly what students must do to properly check-out of the residence halls. To speed up the process, bring your own moving supplies. Empty boxes, packing tape, cleaning supplies, and a dolly will keep you moving right along!
You and your student have completed your first year as members of the Hawkeye family. Take time to celebrate, show your Hawkeye spirit, and continue the proud tradition of the University of Iowa.

On Iowa and Go Hawks!

The word is “Fight! Fight! Fight! for IOWA,”
Let every loyal Iowan sing;
The word is “Fight! Fight! Fight! for IOWA,”
Until the walls and rafters ring (Go Hawks!)
Come on and cheer, cheer, cheer, for IOWA
Come on and cheer until you hear the final gun.
The word is “Fight! Fight! Fight! for IOWA,”
Until the game is won.

Written by Meredith Willson

Questions to ask your student:
• Finals are right around the corner—what are you doing to prepare?
• When is move out? How can I help with your move out process?
### Undergraduate Colleges at the University of Iowa

- **College of Liberal Arts and Sciences**
  120 Schaeffer Hall
  319-335-2633 • clas.uiowa.edu
- **Tippie College of Business**
  C140 Pappajohn Business Building
  319-335-1037 • tippie.uiowa.edu
- **College of Education**
  N459 Lindquist Center
  319-335-5359 • education.uiowa.edu
- **College of Engineering**
  3100 Seamans Center for the Engineering Arts and Sciences
  319-335-5764 • engineering.uiowa.edu
- **College of Nursing**
  101 Nursing Building
  319-335-7018 • nursing.uiowa.edu
- **College of Public Health**
  100 College of Public Health Building
  319-384-1500 • public-health.uiowa.edu
- **University College**
  310 Calvin Hall
  319-335-1497 • uc.uiowa.edu

### Earning a Degree at Iowa

Your student will be working toward a degree consisting of three components — general education coursework, major coursework, and elective coursework. General education coursework is designed to provide your student with the skills needed for a lifetime of learning and for a first career. Your student will learn how to pose questions, find answers, evaluate attitudes and beliefs, and adapt to change by taking these courses. Major coursework exposes students to the academic field of their choice, focusing on in-depth study of complex problems, issues, and ideas. Work in the major encourages students to form academic ties with both instructors and peers while acquiring in-depth knowledge. Elective coursework rounds out a student’s degree program. Each of these three required components allows significant choice for students, encouraging them to follow their passions and interests.

### Minors and Certificate Programs

Students who seek additional opportunities may choose to complete a minor or certificate as well as their bachelor’s degree program. Students can earn a minor or certificate in any area that offers one—even in another college within the University.

### Semester Hours

A semester hour (s.h.) is a unit of measurement. Each course is worth a certain number of semester hours of credit. This number is based on hours spent in class and the two hours of homework that is expected for each class meeting. Semester hours for each course are added to determine a student’s classification:

- **First-Year**: 0-29 s.h. earned
- **Sophomore**: 30-59 s.h. earned
- **Junior**: 60-89 s.h. earned
- **Senior**: 90 + s.h. earned

### Degree Audit

Each student has an individual degree audit, located in MyUI (MyUI.uiowa.edu). The degree audit helps your student to monitor progress toward graduation by comparing the coursework completed to the course required for the degree. The degree audit also tracks a student’s GPA.

### Final Examinations

Dates and times of all final examinations are announced around the fifth week of classes. Your student will receive this exam schedule from the Registrar through email at their uiowa.edu address. Your student should consult this schedule before making any travel plans. Students are not excused from exams for family holiday plans or events.

**Remind your student to check their uiowa.edu email address frequently for important news and reminders.**

### Four-Year Graduation Plan

Nearly all students who enter the University as first-time students are automatically eligible for the Four-Year Graduation Plan, which promises that students will be able to enroll in the courses they need to graduate in their primary major in four years. Students wanting to stay on track for a four-year graduation need to work closely with their advisors to make sure they understand all requirements, as well as the appropriate course sequences. The Four-Year Graduation Plan is simple in design. The University promises that graduation in four years will not be delayed by the unavailability of courses. In turn, students promise that they will meet the benchmarks (called "checkpoints") that have been established for ensuring progress toward the degree. There are, of course, responsibilities on both sides. For instance, students must take advantage of advising and take responsibility for ensuring progress toward the degree. The University promises that graduation in four years will not be delayed by the unavailability of courses. In turn, students promise that they will meet the benchmarks (called "checkpoints") that have been established for ensuring progress toward the degree. There are, of course, responsibilities on both sides. For instance, students must take advantage of advising and take responsibility for checking their progress along the way. They must also notify their major department in a timely way if they need help getting into a required class. Together, the University and the student ensure a four-year graduation is a goal each student can accomplish.

### Academic Policies

You can find information regarding each of the following topics on the website of the Office of the Registrar (registrar.uiowa.edu):

- Academic policies of specific undergraduate colleges (links are in the MyUI Student Handbook)
- Graduation information
- Policy on human rights
- Policy governing undergraduate and professional students enrolled in courses outside their own college or degree program
- Registration information
- Release of student records
- Significant deadlines for the 2022-2023 academic year
- Statements on diversity and religious diversity
- Student complaints concerning faculty actions
- Tuition information: tuition assessment, resident classification for tuition purposes
- University terminology

### Grade Reports

Grades are reported on MyUI about a week after the end of exam week. Students are able to view grades at MyUI.uiowa.edu.
Academic Recognition

University of Iowa Honors Program
Honors students engage with a community of peers, staff and faculty to develop an individualized honors education, selecting from an array of honors classes and experiential options including research, study abroad and internships. Achievement is recognized with University Honors on transcript and diploma. Students entering from high school join Honors through an application process. There are not formal minimum requirements for entry into the program. However, a successful applicant generally will have earned mostly As and will have chosen a challenging and/or meaningful course of study as allowed by their high school’s curriculum. Students’ responses to an essay prompt as well as an activities list are of equal importance to their academic credentials. Qualified continuing and transfer students enter through a separate application process.

Dean’s and President’s Lists
The Dean’s List recognizes undergraduate students who achieve a GPA of 3.50 or above on 12 s.h. or more of graded work and who have no hours of I (incomplete) or O (no report) for that semester. The President’s List recognizes undergraduates who achieve a GPA of 4.00 for 12 s.h. or more of graded work and who have no hours of I (incomplete) or O (no report) for two consecutive semesters (excluding summer sessions).

Changes in Registration — Adding or Dropping a Course
Please visit the Office of the Registrar website for the most current registration information, registrar.uiowa.edu and click on the Registration tab. You can make most registration changes in MyUI including drops and adds. If your change is not allowed in MyUI you may also use the Change of Registration form with required signatures. The form along with required signature information is available on our website under the Registration tab and then Changes in Registration. You may submit the signed form in person at the UI Service Center – 2700 UCC, or as a pdf attachment to registrar@uiowa.edu. We are transitioning all changes to MyUI but for now if have any questions please contact the UI Service Center for the latest information on how to process the change you need. UI Service Center – 2700 UCC, registrar@uiowa.edu or 319 384-4300.

Academic Advising Center
319-353-5700
advisingcenter.uiowa.edu

Main Library
319-335-5299
lib.uiowa.edu

Mathematics Tutorial Laboratory
319-335-0810
math.uiowa.edu/math-tutorial-lab

Speaking Center
319-335-0479
speakingcenter.uiowa.edu

Additional Contacts and Resources

TRIO Student Support Services
319-335-1288
diversity.uiowa.edu/trio-sss

Tutor Iowa
319-335-1497
tutor.uiowa.edu

University of Iowa Honors Program
319-335-1681
honors.uiowa.edu

Writing Center
319-335-0188
writingcenter.uiowa.edu

FINANCIAL

University Bill (U-Bill)
Student U-Bills are created on the 1st of each month and are available online through MyUI. The first bill for the fall semester will be ready August 1st and January 1st for the spring semester. Students receive an email to their U.S.C. email account at the beginning of each month, notifying them that their U-Bill is available to review online. Students may choose to invite a guest or parent to have access to their student information. This allows guests and parents to view/pay the U-Bill each month. Payment for the U-Bill is due on the 20th of each month. There are two payment options:
• Payment of Total Balance Due
• Deferred Payment Plan: Tuition and contracted Housing and Dining charges can be deferred and paid over the first three months of fall and spring semesters. By paying the minimum payment due listed on the monthly U-Bill, students are automatically enrolled in the Deferred Payment Plan. You will be charged a $20 fee each semester that you choose to take advantage of the Deferred Payment Plan.

U-Bill payment methods include:
• Online - through MyUI using a checking or savings account
• Mail - checks can be mailed to the payment processing center, using the address listed on the U-Bill payment stub
• Credit Card - a non-refundable 2.75% (domestic) or 4.25% (international) service fee is assessed for all credit and debit card transactions

Tuition and fees information can be found at: registrar.uiowa.edu

University Records and Documents Fee
All new enrollments at the University of Iowa will be assessed a single “University Records and Documents Fee”. The non-refundable fee combines existing fees into one package to facilitate assessment, student service, and satisfaction.

For more information please see the registrar’s website at: registrar.uiowa.edu/university-records-and-documents-fee

Additional Contacts and Resources

University Billing Office
319-335-0071 or 800-943-4557
ubill.fo.uiowa.edu

Office of Student Financial Aid
319-335-1450
financialaid.uiowa.edu
Iowa Memorial Union (IMU)
The IMU is the campus headquarters for student life and activities. The IMU is home to the following:

Ground Floor:
- Academic Resource Center (ARC)
- Daily Use Storage Locker
- E-Sports Gaming Room
- Hawkeye Room/Rest Nest
- Hills Bank
- IMU Nurse Care
- Iowa Hawk Shop
- Java House
- Lounge Areas
- Residence Hall Show Room
- Student Legal Services (SLS)
- Union Station Food Court
- Multicultural and International Student Support and Engagement (MISSE)
- River Room Café
- Student Care and Assistance
- Student Engagement and Campus Programs
- Student Organization Business Office
- Welcome Center

First Floor:
- Dean of Students (DOS)
- Fraternity and Sorority Life (FSL)
- IMU Event Services
- Instructional Technology Center (ITC)
- Iowa House Hotel (IHH)
- Leadership and Engagement
- Leadership, Service, and Civic Engagement
- Lounge Areas
- Student Accountability
- Student Activities Center (SAC)
- Student Life Communications (SLC)
- Student Organization Office Suite
- University Catering
- Undergraduate Student Government (USG) and Graduate and Professional Student Government (GPSG)
- Vice President of Student Life (VPSL)

Second Floor:
- Clothing Closet
- Collegiate Recovery Program
- Food Pantry at Iowa
- Human Resources Office
- Instructional Technology Center (ITC)
- Lounge Areas
- Student Accountability
- Student Activities Center (SAC)
- Student Life Communications (SLC)
- Instructional Technology Center (ITC)
- Lounge Areas

Third Floor:
- Instructional Technology Center (ITC)
- Lounge Areas

For more information visit imu.uiowa.edu

Student ID Card
The Iowa One Card is the student’s official University identification card, providing access to facilities and academic services across campus throughout their academic career at Iowa. For questions, contact the UI Service Center at 2700 UCC, weekdays 8 a.m.-4:30 p.m. or visit idcard.uiowa.edu

Technology Services for Students
Get Started with Technology Guide
The Get Started Guide provides a handy checklist for students to get set up with technology. Some of the topics include:

- **Buying a new computer:** All students are eligible for education discounts on personal computer purchases.
- **Software:** UI students have access to many software titles, including the ability to install Microsoft Office on up to five computers for free.
- **Internet Access on Campus:** Wireless connectivity on campus (called eduroam) is available in all buildings, residence halls, and many public spaces. Students living in dorms receive wired Internet access (called ResNet). An Ethernet cable is required.
- **Computer Labs and Printers:** Students have access to many computers and printers on campus in labs called Instructional Technology Centers (ITCs).
- **Office 365:** Microsoft Office 365 is the UI’s email system (50GB storage). It also provides access to file storage, Microsoft Office Online, and much more.

Visit the Get Started with Technology Guide at:
its.uiowa.edu/techstart

Students with technology questions should contact the Help Desk by phone at 319-384-HELP (4357), by email at its-helpdesk@uiowa.edu, or visit our website at its.uiowa.edu

Additional Contacts and Resources
Academic Resource Center (ARC)
uc.uiowa.edu/retention

Academic Support and Retention
319-335-1497 • uc.uiowa.edu/student-success/arc

Afro-American Cultural Center (Afro House)
319-335-8296
multicultural.uiowa.edu/culturalcenters/afrohouse

Asian Pacific American Cultural Center (APACC)
319-335-2719
multicultural.uiowa.edu/culturalcenters/apacc

Athletic Ticket Office
1-800-IA-HAWKS (484-8351) • hawkeyesports.com

Benefits Office/Student Health Insurance
319-335-2676 • hr.uiowa.edu/benefits

Center for Inclusive Academic Excellence (CIAE)
319-335-3555 • diversity.uiowa.edu/division/CIAE

Clothing Closet
imu.uiowa.edu/clothing-closet

Daily Iowan
319-335-6030 • dailyiowan.com

Dental Clinics
319-335-7499 • dentistry.uiowa.edu

Family Services
319-335-3558 • hr.uiowa.edu/family-services

Food Pantry
imu.uiowa.edu/food-pantry

Fraternity and Sorority Life (FSL)
319-335-3059 • fsl.uiowa.edu

Hancher
319-335-1160 or 800-HANCHER (462-2437) hancher.uiowa.edu

International Programs (Study Abroad)
319-335-0353 • international.uiowa.edu/study-abroad

International Student Support and Engagement (ISSE)
multicultural.uiowa.edu/culturalcenters/international-student-support-and-engagement

Iowa House Hotel (IHH)
319-335-3513 • iowahousehotel.com

Iowa Memorial Union (IMU)
319-335-4468 • imu.uiowa.edu

Information Technology Services (ITS) Help Desk
319-384-HELP (4357) • its.uiowa.edu/helpdesk

Latino Native American Cultural Center (LNACC)
319-335-8298
multicultural.uiowa.edu/culturalcenters/lnacc

Leadership and Engagement
319-335-3059 • leadandserve.uiowa.edu
Student Safety

Rights and Privileges

As a member of the University of Iowa community, students can enjoy certain rights and privileges. Among these are the right to be free from discrimination and sexual harassment, the right to discuss and exchange ideas, the right to be involved in University governance, and the right to privacy. The University is guided by a single principle that is reaffirmed in our publications: The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Institutional Equity, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, oie-ui@uiowa.edu.

UI Policies and Regulations

UI Policies and Regulations Affecting Students is an important resource that outlines the rights and responsibilities granted to every student in the University community. These policies are posted at dos.uiowa.edu/policies. At the start of the semester, your student will receive an email notice about the policies.

Additional Contacts and Resources

- **Campus**
  319-335-8633 • transportation.uiowa.edu/campus

- **Department of Public Safety/University of Iowa Police (DPS)**
  319-335-5022 • police.uiowa.edu

- **NiteRide**
  319-384-1111 • police.uiowa.edu/services/nite-ride

- **Rape Victim Advocacy Program (RVAP)**
  319-335-6001 (business) or 319-335-6000 (24 hour crisis line)
  rvap.uiowa.edu

- **Office of Institutional Equity (OIE)**
  319-335-0705 • diversity.uiowa.edu/division/oie

For additional information, refer to A-Z Search on the University of Iowa homepage at: uiowa.edu/homepage/search/index.html

Office of the Dean of Students (DOS)
319-335-1162 • dos.uiowa.edu

Office of the Registrar
319-384-4300 • registrar.uiowa.edu

Office of Student Accountability (OSA)
319-335-1527 • dos.uiowa.edu/accountability

Orientation Services
319-335-1497 • newstudents.uiowa.edu

Parking and Transportation
319-335-1475 • transportation.uiowa.edu

Pomerantz Career Center
319-335-1023 • careers.uiowa.edu

Pride Alliance Center (Pride House)
319-335-7123
multicultural.uiowa.edu/culturalcenters/pridehouse

Recreational Services
319-335-9293 • recserv.uiowa.edu

Student Care and Assistance
319-335-1162 • dos.uiowa.edu/assistance

Student Disability Services (SDS)
319-335-1462 • sds.studentlife.uiowa.edu

Student Health
319-335-8370 • studenthealth.uiowa.edu

Student Legal Services (SLS)
319-335-3276 • studentlegal.uiowa.edu

Student Wellness
319-335-1162 • dos.uiowa.edu/assistance

Undergraduate Admissions
319-335-3847 • admissions.uiowa.edu

University Counseling Service (UCS)
319-335-7294 • counseling.uiowa.edu

Women’s Resource and Action Center (WRAC)
319-335-1486 • wrac.uiowa.edu

Getting Home and Back

Bus service to and from Iowa City is offered by Burlington Trailways and Greyhound. Airports serving the Iowa City area are: Eastern Iowa Airport (25 miles from campus) and Quad Cities Airport (65 miles from campus).

For more information:
- Burlington Trailways: burlingtontrailways.com
- Greyhound: greyhound.com

Additional Housing Contacts and Resources

University Housing and Dining (UHD)
319-335-3000 • housing.uiowa.edu

Off-Campus Housing Service
offcampushousing.uiowa.edu