

IOWA

Student Health / Division of Student Life

Welcome to the University of Iowa

Student Orientation

Summer 2023

WELCOME TO STUDENT HEALTH: 101

The webinar will get started in a few minutes.

STUDENT HEALTH / DIVISION OF STUDENT LIFE

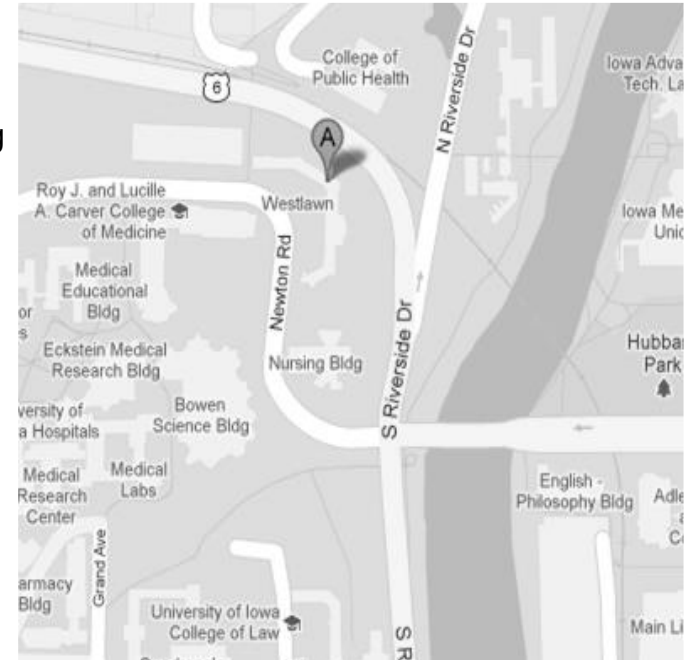
SUMMER 2023

STUDENT HEALTH



Located in Westlawn

- On Newton Road -west campus by the College of Nursing
- Public parking ramp next to the building, hourly rate
- Bike racks
- Easy walk
- On bus routes with a bus stop in front of building
 - Cambus, Iowa City, Coralville



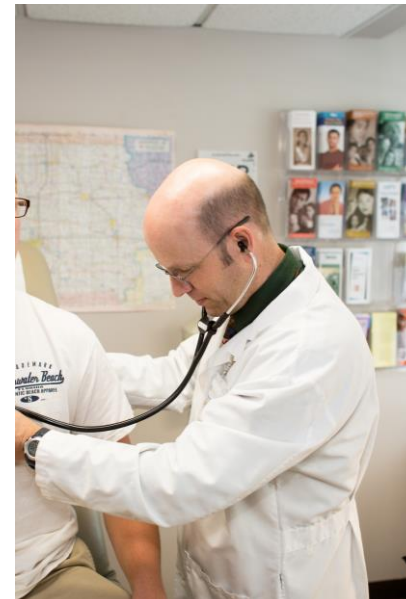
Primary Health Care Clinic

- Family Medicine Doctors
- Physician Assistants
- Psychiatrists
- Gynecologist
- Registered Nurses
- Medical Assistants
- Lab Technicians
- Administration and Support Staff



Services Offered

- **General medicine** including physicals, evaluation/treatment of acute / chronic illness or injury, sexual health, LGBTQ+ care, sleep problems, skin issues, etc.
- **Women's health** including pap smears, contraceptive management, procedures- IUD, colposcopy, Nexplanon
- **Psychiatry** including behavioral and medication assessment / management, mood disorder treatment, OCD treatment, ADHD treatment
- **Weight Management**
- **Eating Disorders**
- **International Travel shots and education**
- **Immunotherapy (allergy shots)** administration of shots ordered by your local allergist
- **Immunizations** shots / tests required for UI programs and recommended by CDC
- **On-site laboratory**
- **Nurseline** RN triage phone line
- **Coordination of care with specialists at University of Iowa Hospitals & Clinics**



IMU Nurse Care

- Convenient east side location
- Located in the Iowa Memorial Union (IMU), room G-103
- Lower level
- Complete your health requirements, get vaccinations, talk to a registered nurse
- TB screening clinics
- No appointment required



Submitting Immunization Records

- **The UI requires documentation of (2) Measles, Mumps, Rubella (MMR) vaccinations or positive antibody titers of all three diseases**
- These are childhood vaccinations, usually given at age 1 and pre-kindergarten
- Get records from your doctor; some high schools provide these
- Go to the Student Health Website for instructions on how to upload records- <https://studenthealth.uiowa.edu/> and look under the “Forms” tab on the home page
- Incoming freshmen and most transfer students will create an account on Med+Proctor and upload records- follow the easy instructions on our website

How to Access Student Health

- Schedule online through **MyChart**
- Call our schedulers at **319-335-8394** to make an appointment
- Call our Nurseline at **319-335-9704** to talk to a nurse and get your questions answered
- Send us an email student-health@uiowa.edu
- Stop in to the IMU Nurse Care office- no appointment needed

Sign up for MyChart

Download the free UI Healthcare app and you can:

- Schedule an appointment
- Get appointment reminders
- View lab and test results
- Access medical records
- Upload insurance documents and photos
- Renew prescriptions
- Request to change an appointment
- Communicate with healthcare providers
- Find helpful tips and other trusted information

→ <https://mychart.uihealthcare.org/mychart/>



Health Fee and Insurance

- Student fees are paid in addition to tuition each semester -the health fee supports campus-wide health efforts
- Assessed on a tier basis depending on number of credit hours
- Covers unlimited office visits to Student Health
- Charges for lab tests, vaccines, exams are billed to insurance or paid by U-bill, cash or check
- You MUST have insurance- required by the UI
- It's easy to sign up on [MyUI](#)
- Insurance questions?
 - The UI [Benefits website](#) is a great resource
 - Call or email Benefits office at 319-335-2676
benefits@uiowa.edu



Student Wellness

Separate unit from Student Health clinic, but we work together!

Free visits, group workshops, online programs on:

- Fitness
- Nutrition
- Stress Management and Sleep
- Quitting smoking, vaping and tobacco
- Sexual Health
- Alcohol and Drug Use

Two locations- Westlawn and the Campus Recreation and Wellness Center (CRWC)

<https://studentwellness.uiowa.edu/>

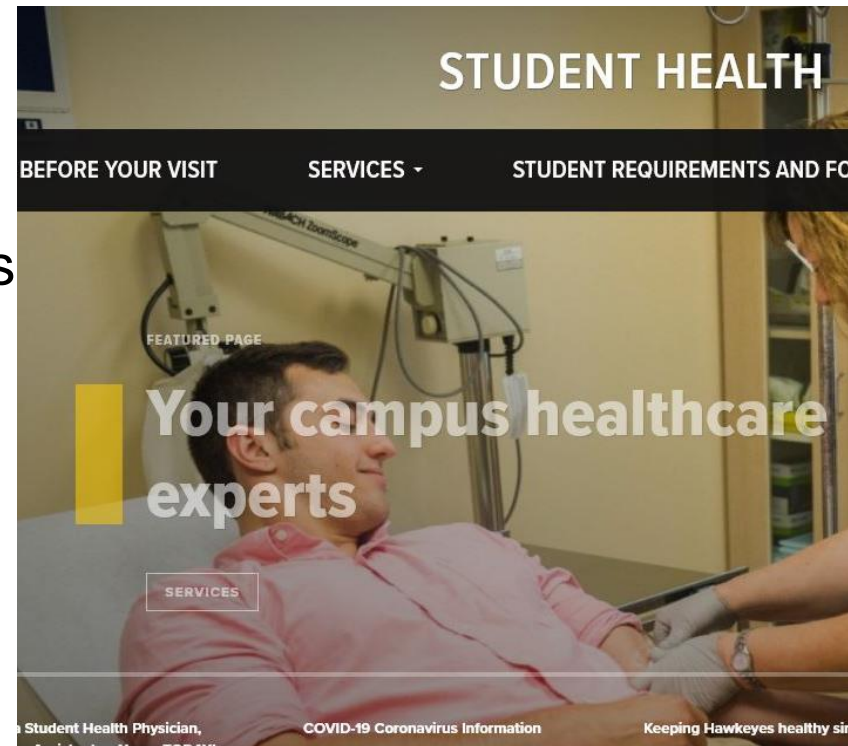


Student Health Website



<https://studenthealth.uiowa.edu>

- Services
- Hours
- What to do before your visit
- News
- Health Requirements and Forms
- Information for specific student populations/situations/parents
- Health Resources



Student Health / Division of Student Life

**Let us help you be happy and healthy at the
University of Iowa!**

**4189 Westlawn S
200 Newton Road
Iowa City, IA 52242**

319-335-8370 (general info phone tree)

319-335-8394 (appointments)

319-335-9704 (Nurseline)

student-health@uiowa.edu

<https://studenthealth.uiowa.edu/>

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