

## Iowa Veteran Education, Transition, and Support (IVETS)

University of Iowa 207 Calvin Hall 2 W Jefferson St. Iowa City, Iowa 52242-0000 319-384-2626 veterans.uiowa.edu

## Additional courses to explore!

- **CSI:1270:0001,** Start your semester strong! Designed to help student Veterans and current service members transition to the university, this course provides a solid foundation for your academic success, sense of community, and financial wherewithal at the University of Iowa. **Time/Location** 1:30P 2:20P W 208 <u>CALH</u>
- **RHET:1030: Rhetoric**, a required general education course, often taken in a student's first year, has three sections with seats reserved for student Veterans and current service members to promote a veteran-friendly experience.
- CSI:1410 Life Design: Students discover what they are innately drawn to do
  through stories, lectures, assigned readings, guest speakers, and reflective writing;
  integration of worldview and professional life; practical skills and exercises for
  investigating different career paths; cultivating mentors; relationship between
  ambition, drive, and success; role of happiness in achieving excellence and success.
- **PSY:1010 Learning about Learning:** Research about the human mind and brain that students can use to foster academic success at the UI; presentation of research findings that indicate best practices for studying, learning, and succeeding at the UI (not a remedial study skills course); topics range from retrieving information stored in memory to maintaining psychological health under stress; course format consists of lecture, student response to reading assignments, and discussion; readings are primarily original documents (journal articles).

For more information about these courses and which section to register for, please contact Tara Lamb, IVETS Director of Academic Resources at <a href="mailto:tara-lamb@uiowa.edu">tara-lamb@uiowa.edu</a>

