

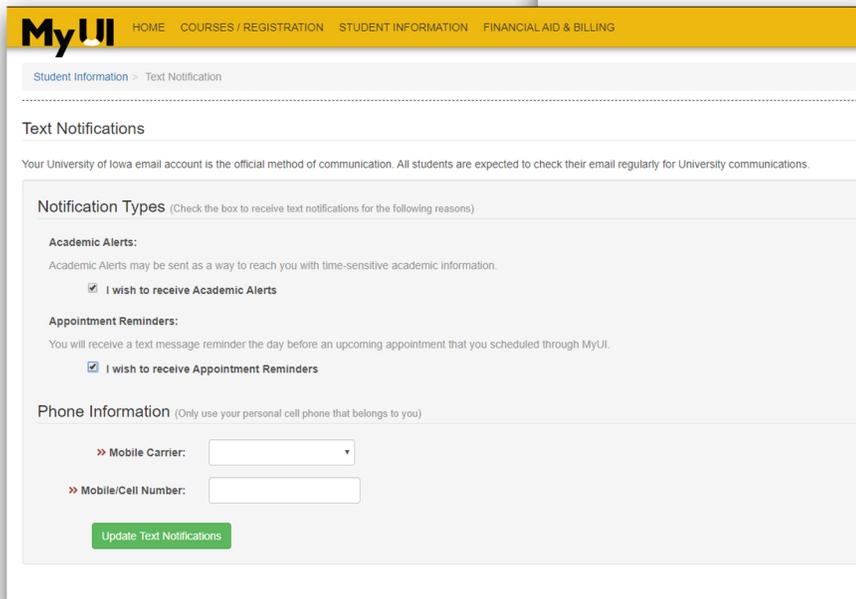
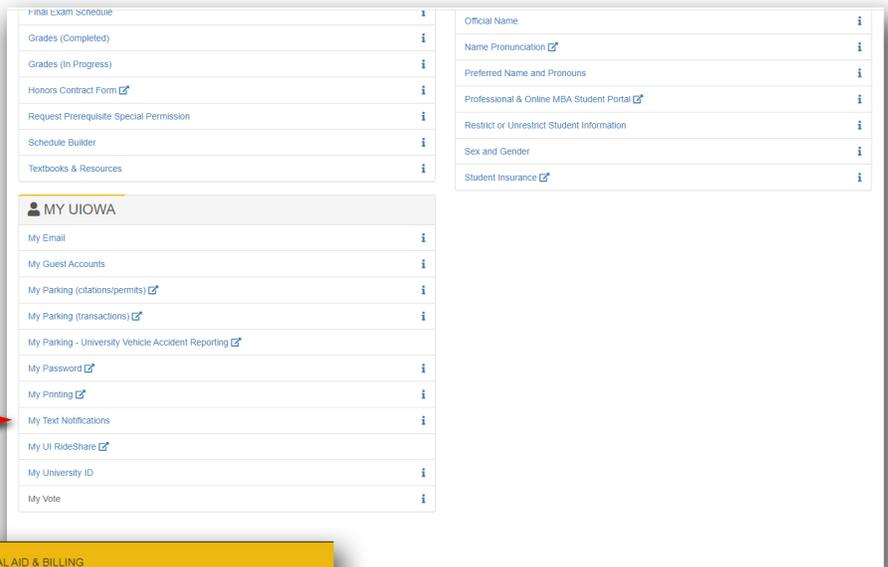
# How to set-up Text Notifications

You can opt-in to receive **Text Notifications** for time-sensitive **Academic Alerts** and/or **Appointment Reminders**. We recommend opting-in to both.

Click the **Student Information** link on the gold menu bar in MyUI



Scroll down to **MY UIOWA** section on the bottom left of the page then click the **My Text Notifications** link.



Select whether you want to receive **Text Notifications** for time-sensitive **Academic Alerts** and/or **Appointment Reminders**. Add your mobile phone information and then click **Update Text Notifications**.